

Falmouth Foreside – Downtown Portland – Jetport/DHHS

7

LOCAL SERVICE Effective April 27, 2026

MAJOR STOPS

- A** JETPORT/DHHS
- B** Westgate
- C** MAINE MEDICAL CENTER/ CONGRESS STREET
- D** MONUMENT SQUARE/ PORTLAND CITY HALL
- E** Washington Ave/Veranda St
- F** Falmouth Walmart
- G** Falmouth Shaws

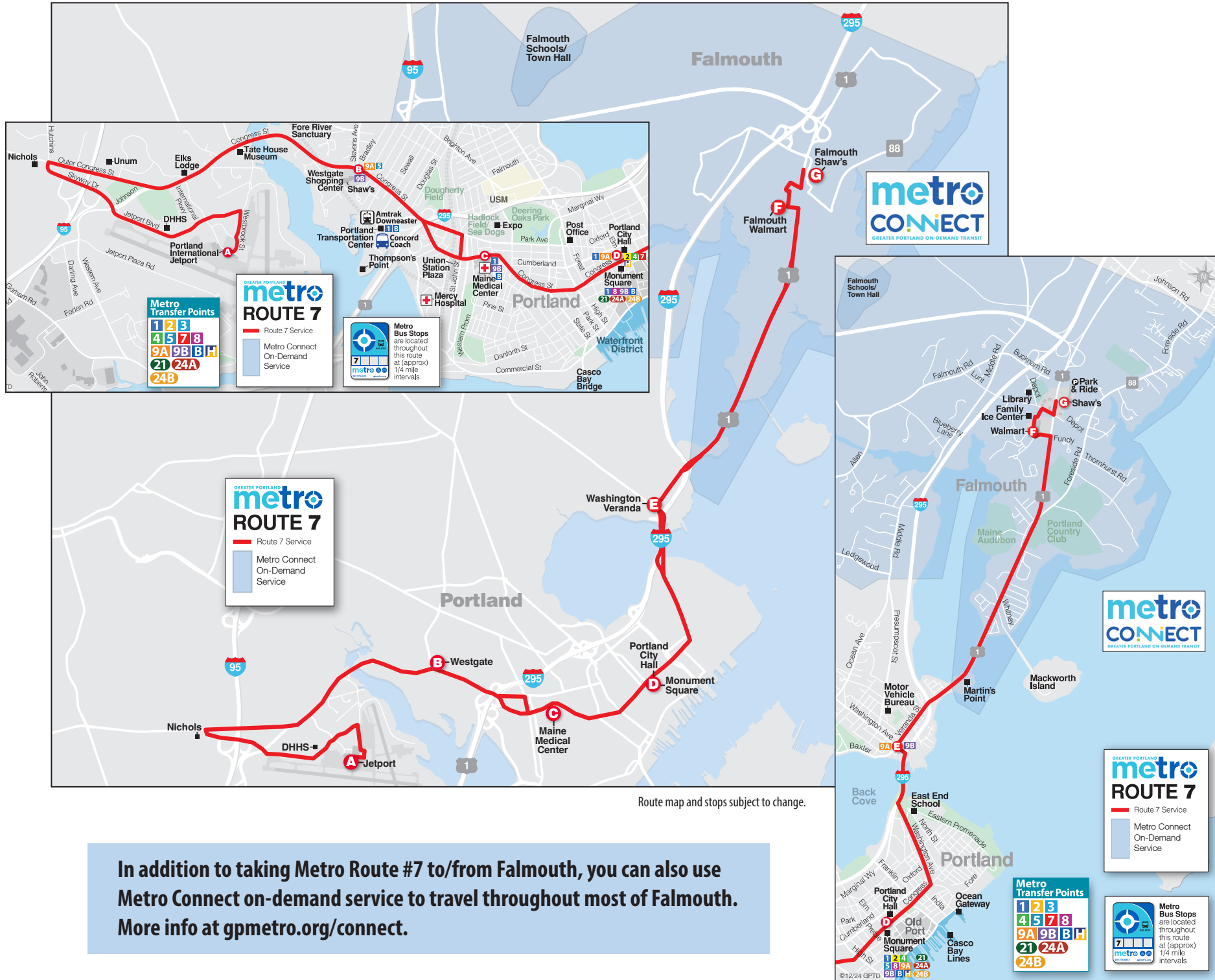
metro CONNECT
GREATER PORTLAND ON-DEMAND TRANSIT

Better coverage and more service to several Falmouth locations.
Information at gpmetro.org/connect

Fare information at gpmetro.org/fares



GREATER PORTLAND **metro**
207.774.0351 gpmetro.org



Route map and stops subject to change.

In addition to taking Metro Route #7 to/from Falmouth, you can also use Metro Connect on-demand service to travel throughout most of Falmouth. More info at gpmetro.org/connect.

**MONDAY THROUGH FRIDAY
OUTBOUND TO FALMOUTH**

Jetport	Westgate	Congress St Maine Med Center	Monument Square	Washington Veranda	Falmouth Walmart	Falmouth Shaw's
A	B	C	D	E	F	G
...
5:45	5:58	6:03	6:10	6:18	6:25	6:28
...	...	6:46	6:55	7:03	7:10	7:14
7:04	7:20	7:26	7:35	7:44	7:51	7:55
7:44	8:00	8:06	8:15	8:24	8:31	8:35
8:19	8:35	8:41	8:50	8:59	9:06	9:10
9:05	9:20	9:26	9:35	9:44	9:51	9:55
9:40	9:55	10:01	10:10	10:19	10:26	10:30
10:30	10:45	10:51	11:00	11:09	11:16	11:20
11:05	11:20	11:26	11:35	11:44	11:51	11:55
11:45	12:00	12:06	12:15	12:24	12:31	12:35
12:30	12:45	12:51	1:00	1:09	1:16	1:20
1:10	1:25	1:31	1:40	1:49	1:56	2:00
1:45	2:00	2:06	2:15	2:24	2:31	2:35
2:15	2:30	2:36	2:45	2:54	3:01	3:05
3:05	3:20	3:26	3:35	3:44	3:51	3:55
3:45	4:00	4:06	4:15	4:24	4:31	4:35
4:30	4:45	4:51	5:00	5:09	5:16	5:20
5:05	5:20	5:26	5:35	5:44	5:51	5:55
5:45	6:00	6:06	6:15	6:24	6:30	6:35
6:17	6:30	6:36	6:45	6:54	7:00	7:05
7:07	7:20	7:26	7:35	7:44	7:50	7:55
8:12	8:25	8:31	8:40	8:48	8:54	8:59
9:12	9:25	9:31	9:40	9:48	9:54	9:59
10:02	10:15	10:21	10:30	10:38	10:44	10:47

**MONDAY THROUGH FRIDAY
INBOUND TO DOWNTOWN PORTLAND**

Falmouth Shaw's	Falmouth Walmart	Washington Veranda	Portland City Hall	Congress St Maine Med Center	Westgate	Jetport
G	F	E	D	C	B	A
...	...	5:10	5:15	5:21	5:25	5:40
6:30	6:34	6:42	6:54	7:03	7:09	7:24
7:15	7:20	7:28	7:40	7:49	7:55	8:10
8:00	8:05	8:13	8:25	8:34	8:40	8:55
8:45	8:50	8:58	9:10	9:19	9:25	9:40
9:15	9:20	9:28	9:40	9:49	9:55	10:10
10:00	10:05	10:13	10:25	10:34	10:40	10:55
10:45	10:50	10:58	11:10	11:19	11:25	11:40
11:20	11:25	11:33	11:45	11:54	12:00	12:15
12:00	12:05	12:13	12:25	12:34	12:40	12:55
12:45	12:50	12:58	1:10	1:19	1:25	1:40
1:20	1:25	1:33	1:45	1:54	2:00	2:15
2:05	2:10	2:18	2:30	2:39	2:45	3:00
2:35	2:40	2:48	3:00	3:09	3:15	3:30
3:10	3:15	3:23	3:35	3:44	3:50	4:05
4:05	4:10	4:18	4:30	4:39	4:45	5:00
4:40	4:45	4:53	5:05	5:14	5:20	5:35
5:20	5:25	5:33	5:45	5:54	6:00	6:15
6:00	6:05	6:13	6:25	6:34	6:40	6:55
6:40	6:45	6:53	7:05	7:14	7:20	7:35
7:15	7:20	7:28	7:40	7:49	7:55	8:10
8:05	8:10	8:18	8:30	8:39	8:45	9:00
9:05	9:10	9:18	9:30	9:39	9:45	10:00
10:10	10:15	10:23	10:30	10:39

**SUNDAY
OUTBOUND TO FALMOUTH**

Jetport	Westgate	Congress St Maine Med Center	Monument Square	Washington Veranda	Falmouth Walmart	Falmouth Shaw's
A	B	C	D	E	F	G
...
...	...	8:40	8:45	8:53	9:01	9:05
9:15	9:28	9:36	9:45	9:53	10:01	10:05
10:15	10:28	10:36	10:45	10:53	11:01	11:05
11:15	11:28	11:36	11:45	11:53	12:01	12:05
12:15	12:28	12:36	12:45	12:53	1:01	1:05
1:15	1:28	1:36	1:45	1:53	2:01	2:05
2:15	2:28	2:36	2:45	2:53	3:01	3:05
3:15	3:28	3:36	3:45	3:53	4:01	4:05
4:15	4:28	4:36	4:45	4:53	5:01	5:05
5:15	5:28	5:36	5:45	5:53	6:01	6:05
6:15	6:28	6:36	6:45	6:53	7:01	7:05

**SUNDAY
INBOUND TO DOWNTOWN PORTLAND**

Falmouth Shaw's	Falmouth Walmart	Washington Veranda	Portland City Hall	Congress St Maine Med Center	Westgate	Jetport
G	F	E	D	C	B	A
8:20	8:25	8:33	8:40	8:48	8:54	9:10
9:15	9:20	9:28	9:35	9:43	9:49	10:05
10:15	10:20	10:28	10:35	10:43	10:49	11:05
11:15	11:20	11:28	11:35	11:43	11:49	12:05
12:15	12:20	12:28	12:35	12:43	12:49	1:05
1:15	1:20	1:28	1:35	1:43	1:49	2:05
2:15	2:20	2:28	2:35	2:43	2:49	3:05
3:15	3:20	3:28	3:35	3:43	3:49	4:05
4:15	4:20	4:28	4:35	4:43	4:49	5:05
5:15	5:20	5:28	5:35	5:43	5:49	6:05
6:15	6:20	6:28	6:35	6:43	6:49	7:05
7:05	7:10	7:18	7:25	7:33

**SATURDAY
OUTBOUND TO FALMOUTH**

Jetport	Westgate	Congress St Maine Med Center	Monument Square	Washington Veranda	Falmouth Walmart	Falmouth Shaw's
A	B	C	D	E	F	G
...
...	...	6:22	6:30	6:38	6:45	6:50
7:15	7:26	7:36	7:45	7:53	8:00	8:05
8:15	8:26	8:36	8:45	8:53	9:00	9:05
9:15	9:26	9:36	9:45	9:53	10:00	10:05
10:15	10:26	10:36	10:45	10:53	11:00	11:05
11:15	11:26	11:36	11:45	11:53	12:00	12:05
12:15	12:26	12:36	12:45	12:53	1:00	1:05
1:15	1:26	1:36	1:45	1:53	2:00	2:05
2:15	2:26	2:36	2:45	2:53	3:00	3:05
3:15	3:26	3:36	3:45	3:53	4:00	4:05
4:15	4:26	4:36	4:45	4:53	5:00	5:05
5:15	5:26	5:36	5:45	5:53	6:00	6:05
6:15	6:26	6:36	6:45	6:53	7:00	7:05
7:15	7:26	7:36	7:45	7:53	8:00	8:05
8:15	8:26	8:36	8:45	8:53	9:00	9:05
9:15	9:26	9:36	9:45	9:53	10:00	10:05
10:05	10:15	10:23	10:30	10:37	10:44	10:47

**SATURDAY
INBOUND TO DOWNTOWN PORTLAND**

Falmouth Shaw's	Falmouth Walmart	Washington Veranda	Portland City Hall	Congress St Maine Med Center	Westgate	Jetport
G	F	E	D	C	B	A
...	...	5:10	5:15	5:21	5:26	5:40
7:15	7:20	7:27	7:35	7:44	7:51	8:05
8:15	8:20	8:27	8:35	8:44	8:51	9:05
9:15	9:20	9:27	9:35	9:44	9:51	10:05
10:15	10:20	10:27	10:35	10:44	10:51	11:05
11:15	11:20	11:27	11:35	11:44	11:51	12:05
12:15	12:20	12:27	12:35	12:44	12:51	1:05
1:15	1:20	1:27	1:35	1:44	1:51	2:05
2:15	2:20	2:27	2:35	2:44	2:51	3:05
3:15	3:20	3:27	3:35	3:44	3:51	4:05
4:15	4:20	4:27	4:35	4:44	4:51	5:05
5:15	5:20	5:27	5:35	5:44	5:51	6:05
6:15	6:20	6:27	6:35	6:44	6:51	7:05
7:15	7:20	7:27	7:35	7:44	7:51	8:05
8:15	8:20	8:27	8:35	8:44	8:51	9:05
9:10	9:15	9:22	9:30	9:39	9:46	10:00
10:10	10:14	10:21	10:28	10:36

Metro Connect on-demand
rideshare is available in most
parts of Falmouth.

It's easy to use. To get started,
download the GP Metro Connect
mobile app and plan your trip.
No smartphone? No problem.
Just call 207-774-0351 or visit
gpmetro.org/connectapp to
schedule your ride. More info at
gpmetro.org/connect.

