

SATURDAY OUTBOUND TO MAINE MALL

Metro Pulse Elm St	Park Ave Portland Expo	Westgate	Maine Mall JC Penney	To Route
A	B	C	D	
6:10	6:14	6:18	6:30	5
7:00	7:04	7:10	7:20	5
7:40	7:44	7:50	8:00	5
8:25	8:29	8:35	8:45	5
9:10	9:14	9:20	9:30	5
9:55	9:59	10:05	10:15	5
10:35	10:39	10:45	10:55	5
11:25	11:29	11:37	11:50	5
12:10	12:14	12:22	12:35	5
1:00	1:04	1:12	1:25	5
1:40	1:44	1:52	2:02	5
2:30	2:34	2:42	2:52	5
3:15	3:19	3:27	3:37	5
4:10	4:14	4:21	4:31	5
4:45	4:49	4:57	5:10	5
5:35	5:39	5:45	5:55	5
6:20	6:24	6:30	6:40	5
7:00	7:04	7:10	7:20	5
7:50	7:54	8:00	8:10	5
8:40	8:44	8:50	9:00	5
9:55	9:59	10:04	10:15	5

D - Maine Mall - JC Penney entrance.

SATURDAY INBOUND TO DOWNTOWN PORTLAND

Maine Mall JC Penney	Westgate	Park Ave & Weymouth	Metro Pulse Elm St	To Route
D	C	B	A	
6:30	6:44	6:49	7:00	4
7:20	7:40	7:45	7:55	4
8:05	8:20	8:25	8:35	4
8:50	9:05	9:10	9:25	4
9:35	9:50	9:55	10:05	4
10:25	10:40	10:45	10:55	4
11:05	11:20	11:25	11:35	4
11:55	12:10	12:15	12:25	4
12:40	12:55	1:00	1:10	4
1:30	1:45	1:50	2:00	4
2:10	2:25	2:30	2:40	4
3:00	3:15	3:20	3:30	4
3:45	4:00	4:05	4:15	4
4:35	4:50	4:55	5:05	4
5:15	5:30	5:35	5:45	4
6:00	6:15	6:20	6:35	4
6:45	7:00	7:05	7:15	4
7:20	7:35	7:40	7:50	N/A
8:10	8:25	8:30	8:40	4
9:00	9:15	9:20	9:30	4
10:15	10:29	10:35	10:45	N/A

Maine Mall – Downtown Portland

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LOCAL SERVICE

Effective November 9, 2025

MAJOR STOPS

- A METRO PULSE/
ELM ST
- B Park Ave/Portland Expo
- C Westgate
- D MAINE MALL/
JC PENNEY

FARE INFORMATION

\$2.00 fare (DiriGo Pass/cash)

\$1.00 reduced fare for eligible passengers

SUNDAY OUTBOUND TO MAINE MALL

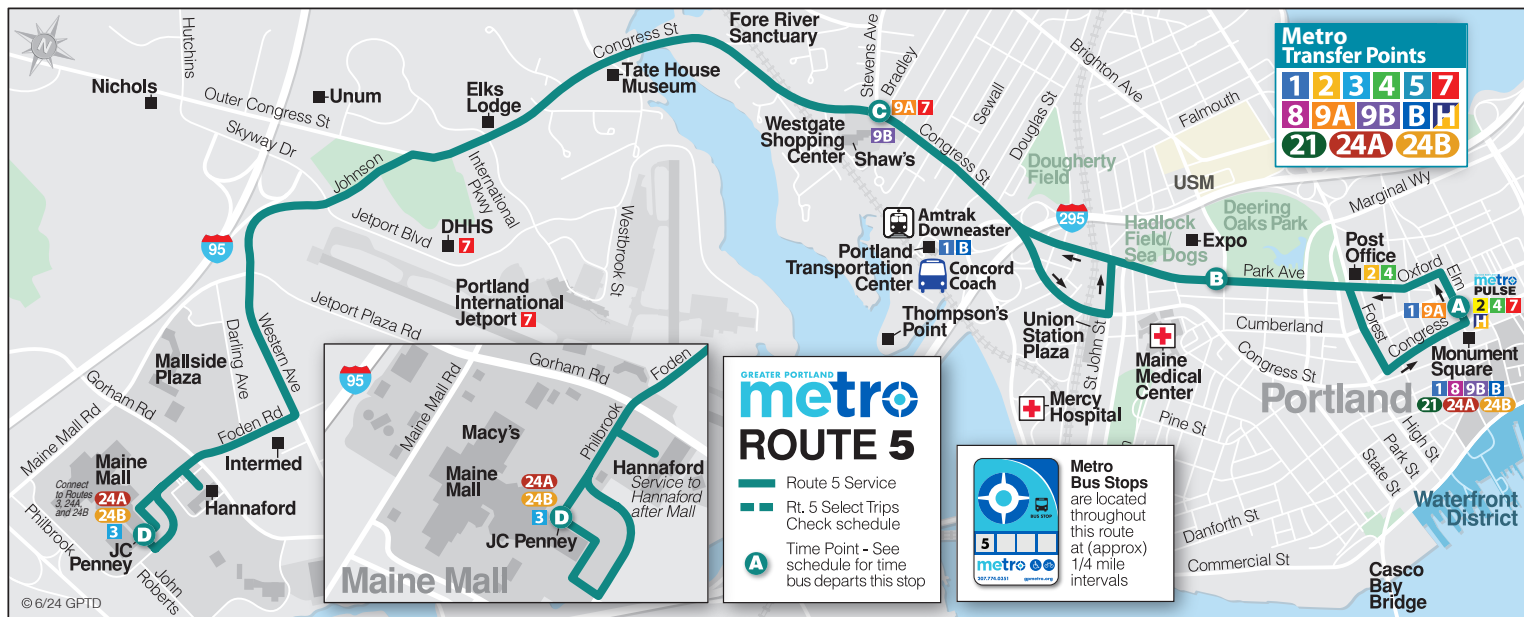
Metro Pulse Elm St	Park Ave Portland Expo	Westgate	Maine Mall JC Penney	To Route
A	B	C	D	
7:55	7:59	8:05	8:20	5
8:40	8:44	8:50	9:05	5
9:25	9:29	9:35	9:50	3
10:10	10:14	10:20	10:35	5
10:55	10:59	11:05	11:20	3
11:40	11:44	11:50	12:05	5
12:25	12:29	12:35	12:50	3
1:10	1:14	1:20	1:35	5
1:55	1:59	2:05	2:20	3
2:40	2:44	2:50	3:05	5
3:25	3:29	3:35	3:50	3
4:10	4:14	4:20	4:35	5
4:55	4:59	5:05	5:20	3
5:40	5:44	5:50	6:05	5

SUNDAY INBOUND TO DOWNTOWN PORTLAND

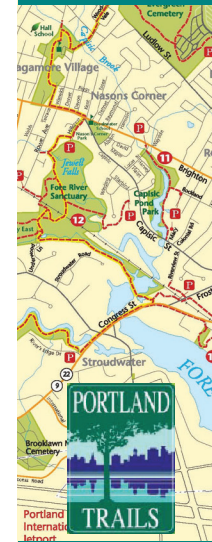
Maine Mall JC Penney	Westgate	Park & Weymouth	Metro Pulse Elm St	To Route
D	C	B	A	
8:25	8:40	8:45	8:55	
9:10	9:25	9:30	9:40	
9:55	10:10	10:15	10:25	
10:40	10:55	11:00	11:10	
11:20	11:35	11:40	11:50	
12:10	12:25	12:30	12:40	
12:50	1:05	1:10	1:20	
1:40	1:55	2:00	2:10	
2:20	2:35	2:40	2:50	
3:10	3:25	3:30	3:40	
3:50	4:05	4:10	4:20	
4:40	4:55	5:00	5:10	
5:20	5:35	5:40	5:50	
6:10	6:25	6:30	6:40	



GREATER PORTLAND
metro
207.774.0351 gpmetro.org



Transit to Trails



Portland Trails includes 70 miles of trails in Portland, Westbrook, South Portland, and Falmouth.

Their network features a diversity of trail options – from woodland hikes to urban adventures.

Check out the Portland Trails map at trails.org for details and information on trails near Metro routes.

Route map and stops subject to change.

MONDAY THROUGH FRIDAY OUTBOUND TO MAINE MALL

Metro Pulse Elm St A	Park Ave Portland Expo B	Westgate C	Maine Mall JC Penney D	To Route
5:20	5:25	5:28	5:40	5
...	...	...	...	...
6:00	6:06	6:11	6:25	5
6:30	6:37	6:42	7:00	3
7:00	7:07	7:12	7:30	5
7:30	7:37	7:42	8:00	3
8:00	8:07	8:15	8:35	5
8:30	8:37	8:42	8:55	3
9:00	9:07	9:12	9:30	5
9:30	9:37	9:42	10:00	3
10:00	10:07	10:12	10:30	5
10:30	10:37	10:42	11:00	3
11:00	11:07	11:12	11:30	5
11:30	11:37	11:42	12:00	3
12:00	12:07	12:12	12:30	5
12:30	12:37	12:42	1:00	3
1:00	1:07	1:12	1:30	5
1:30	1:37	1:42	2:00	3
2:00	2:07	2:12	2:30	5
2:30	2:37	2:42	3:00	3
3:00	3:07	3:15	3:30	5
3:30	3:37	3:42	4:00	3
4:00	4:07	4:17	4:35	5
4:30	4:37	4:45	5:00	3
5:00	5:07	5:17	5:35	5
5:30	5:37	5:42	6:00	3
6:00	6:07	6:15	6:30	5
6:30	6:35	6:42	7:00	3
7:30	7:34	7:40	8:00	3
8:30	8:34	8:40	9:00	3
9:50	9:54	10:00	10:15	3

MONDAY THROUGH FRIDAY INBOUND TO DOWNTOWN PORTLAND

Maine Mall JC Penney D	Westgate C	Park Ave & Weymouth B	Metro Pulse Elm St A	To Route
5:40	5:54	5:59	6:10	2
6:10	6:24	6:29	6:40	2
6:40	6:54	6:59	7:10	2
7:10	7:25	7:30	7:40	2
7:35	7:50	7:55	8:10	2
8:05	8:20	8:25	8:40	2
8:40	8:55	9:00	9:10	2
9:10	9:25	9:30	9:40	2
9:40	9:55	10:00	10:10	2
10:10	10:25	10:30	10:40	2
10:40	10:55	11:00	11:10	2
11:10	11:25	11:30	11:40	2
11:40	11:55	12:00	12:10	2
12:10	12:25	12:30	12:40	2
12:40	12:55	1:00	1:10	2
1:10	1:25	1:30	1:40	2
1:40	1:55	2:00	2:10	2
2:10	2:25	2:30	2:40	2
2:40	2:55	3:00	3:10	2
3:10	3:25	3:30	3:40	2
3:40	3:55	4:00	4:10	2
4:10	4:25	4:30	4:40	2
4:40	4:55	5:00	5:10	2
5:10	5:25	5:30	5:40	2
5:40	5:55	6:00	6:10	2
6:10	6:25	6:30	6:40	2
6:40	6:55	7:00	7:10	2
7:10	7:25	7:30	7:40	2
8:10	8:24	8:29	8:40	2
9:10	9:23	9:28	9:40	2
10:10	10:23	10:28	10:35	N/A

Route 5 has easy access to the trailhead to Fore River Sanctuary.

This network of trails encompasses some of the most diverse habitats in Greater Portland and features Jewell Falls, Portland's only waterfall.

The hike features wooded areas, marshes, and bridges. The lowland area, where salt and freshwater marsh meet, provides great bird-watching opportunities.



Photos: Summer night at Deering Oaks Park: Corey Templeton
Fore River Sanctuary: Denise Beck