

SUNDAY SOUTHBOUND TO SCARBOROUGH						
Metro Pulse Elm Street A	VA Outpatient Clinic B	Cash Corner C	MaineHealth Campus Dr D	Rte One Gorham Rd E	The Downs Cross St F	Exit 42 Park+Ride G
8:15	8:23	8:30	...	8:40	8:47	8:53
9:00	9:08	9:15	...	9:25	9:32	9:38
9:45	9:53	10:00	...	10:10	10:17	10:23
10:30	10:38	10:45	...	10:55	11:02	11:08
11:15	11:23	11:30	...	11:40	11:47	11:53
12:00	12:08	12:15	...	12:25	12:32	12:38
12:45	12:53	1:00	...	1:10	1:17	1:23
1:30	1:38	1:45	...	1:55	2:02	2:08
2:15	2:23	2:30	...	2:40	2:47	2:53
3:00	3:08	3:15	...	3:25	3:32	3:38
3:45	3:53	4:00	...	4:10	4:17	4:23
4:30	4:38	4:45	...	4:55	5:02	5:08
5:15	5:23	5:30	...	5:40	5:47	5:53

SUNDAY NORTHBOUND TO PORTLAND						
Exit 42 Park+Ride G	The Downs Cross St F	Rte One Gorham Rd E	MaineHealth Campus Drive D	Cash Corner C	VA Outpatient Clinic B	Metro Pulse Elm Street A
8:15	8:21	8:27	...	8:37	8:43	8:54
9:00	9:06	9:12	...	9:22	9:28	9:39
9:45	9:51	9:57	...	10:07	10:13	10:24
10:30	10:36	10:42	...	10:52	10:58	11:09
11:15	11:21	11:27	...	11:37	11:43	11:54
12:00	12:06	12:12	...	12:22	12:28	12:39
12:45	12:51	12:57	...	1:07	1:13	1:24
1:30	1:36	1:42	...	1:52	1:58	2:09
2:15	2:21	2:27	...	2:37	2:43	2:54
3:00	3:06	3:12	...	3:22	3:28	3:39
3:45	3:51	3:57	...	4:07	4:13	4:24
4:30	4:36	4:42	...	4:52	4:58	5:09
5:15	5:21	5:27	...	5:37	5:43	5:54
6:00	6:06	6:12	...	6:22	6:28	6:39

PORTLAND - SOUTH PORTLAND - SCARBOROUGH

25

MAJOR STOPS

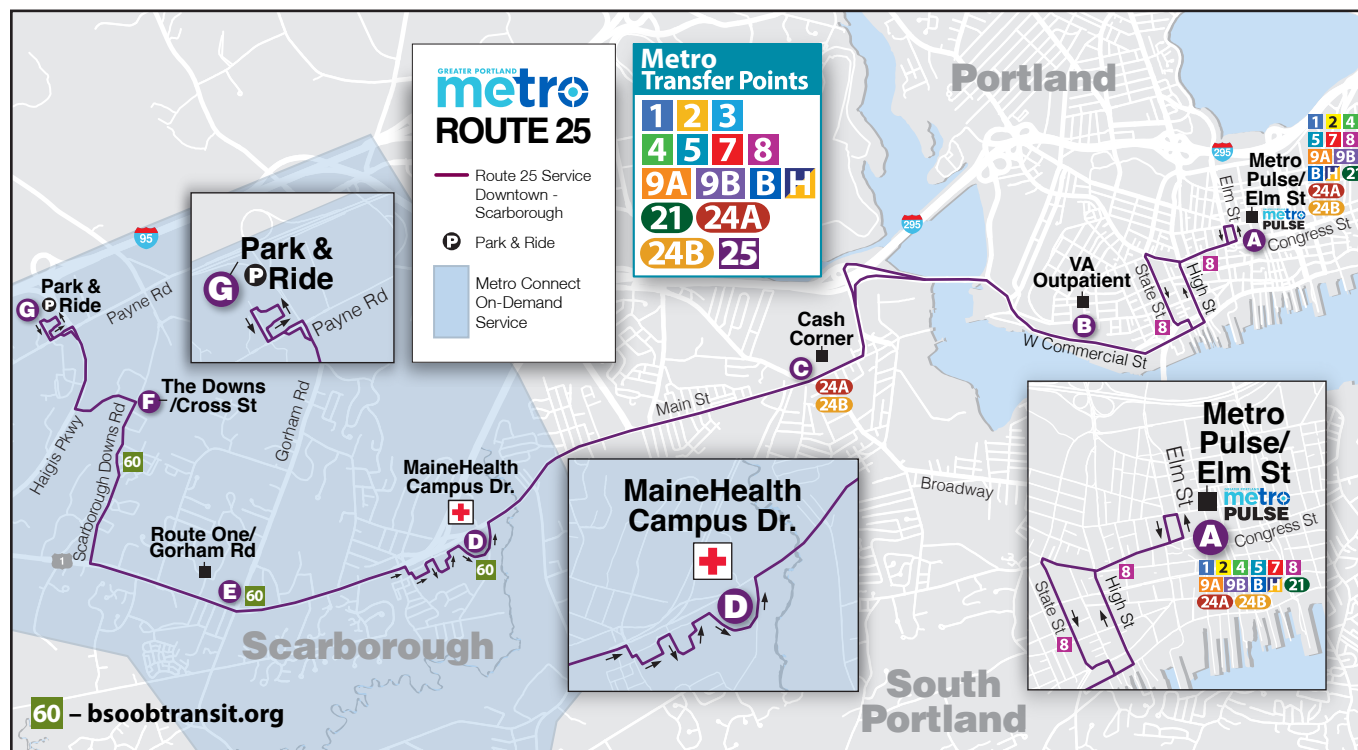
- A** METRO PULSE / ELM STREET (Downtown Portland)
- B** VA Outpatient Clinic
- C** CASH CORNER (Transfer to Rtes 24A and 24B)
- D** MaineHealth / Campus Drive (Transfer to Rte 60)
- E** Route One / Gorham Road (Transfer to Rte 60)
- F** The Downs / Cross Street
- G** Exit 42 Park & Ride

New Metro Route #25

In addition to taking Metro Route #25 to/from Scarborough, you can also use Metro Connect on-demand service to travel throughout most of Scarborough. It's easy to use and costs the same as a trip on any of Metro's local routes.



To get started, download the Metro Connect Greater Portland mobile app and plan your trip. No smartphone? No problem. Call 207-774-0351 or visit gpmetro.org/connect to schedule your ride. More info at gpmetro.org/connect



Fare Information (effective August 1, 2026)
\$2.25 fare / \$1.10 reduced fare for eligible passengers.

3 WAYS TO PAY



Find more info at gpmetro.org/fares

GREATER PORTLAND
metro
 207.774.0351 gpmetro.org

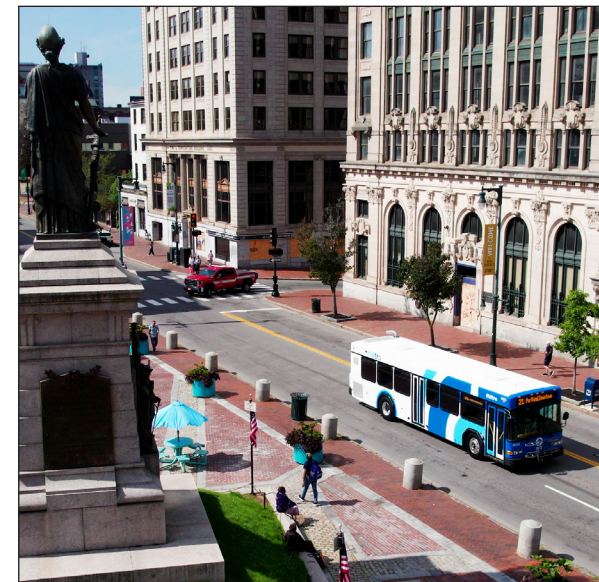
Effective October 4, 2026

MONDAY THROUGH FRIDAY SOUTHBOUND to SCARBOROUGH

Metro Pulse Elm Street (A)	VA Outpatient Clinic (B)	Cash Corner (C)	MaineHealth Campus Drive (D)	Rte One Gorham Rd (E)	The Downs Cross St (F)	Exit 42 Park+Ride (G)
6:00	6:08	6:15	6:23	6:28	6:35	6:39
6:45	6:53	7:00	7:08	7:13	7:20	7:24
7:30	7:38	7:45	...	7:57	8:04	8:08
8:15	8:23	8:30	8:38	8:43	8:50	8:54
9:00	9:08	9:15	9:23	9:28	9:35	9:39
9:45	9:53	10:00	10:08	10:13	10:20	10:24
10:30	10:38	10:45	10:53	10:58	11:05	11:09
11:15	11:23	11:30	11:38	11:43	11:50	11:54
12:00	12:08	12:15	12:23	12:28	12:35	12:39
12:45	12:53	1:00	1:08	1:13	1:20	1:24
1:30	1:38	1:45	1:53	1:58	2:05	2:09
2:15	2:23	2:30	2:38	2:43	2:50	2:54
3:00	3:08	3:15	3:23	3:28	3:35	3:39
3:45	3:53	4:00	4:08	4:13	4:20	4:24
4:30	4:38	4:45	...	4:55	5:02	5:06
5:15	5:23	5:30	5:38	5:43	5:50	5:54
5:55	6:03	6:10	...	6:20	6:27	6:31
6:40	6:48	6:55	...	7:05	7:12	7:16
7:25	7:33	7:40	...	7:49	7:56	8:00
8:40	8:45	8:51	...	9:00	9:07	...
9:40	9:45	9:51	...	10:00	10:07	10:11
10:40	10:48	10:55	...	11:09	11:16	11:20

MONDAY THROUGH FRIDAY NORTHBOUND to PORTLAND

Exit 42 Park+Ride (G)	The Downs Cross St (F)	Rte One Gorham Rd (E)	MaineHealth Campus Drive (D)	Cash Corner (C)	VA Outpatient Clinic (B)	Metro Pulse Elm Street (A)
6:00	6:04	6:09	6:15	6:24	6:29	6:32
6:45	6:49	6:54	7:00	7:04	7:09	7:17
7:30	7:34	7:39	...	7:51	7:56	8:04
8:14	8:18	8:23	8:29	8:38	8:43	8:51
9:00	9:04	9:09	9:15	9:24	9:29	9:37
9:45	9:49	9:54	10:00	10:09	10:14	10:22
10:30	10:34	10:39	10:45	10:54	10:59	11:07
11:15	11:19	11:24	11:30	11:39	11:44	11:52
12:00	12:04	12:09	12:15	12:24	12:29	12:37
12:45	12:49	12:54	1:00	1:09	1:14	1:22
1:30	1:34	1:39	1:45	1:53	1:58	2:06
2:15	2:19	2:24	...	2:38	2:43	2:51
3:00	3:04	3:09	3:15	3:24	3:29	3:37
3:45	3:49	3:54	4:00	4:09	4:14	4:22
4:30	4:34	4:39	4:45	4:54	4:59	5:07
5:15	5:19	5:24	5:30	5:39	5:44	5:52
6:00	6:04	6:09	...	6:23	6:28	6:36
6:40	6:44	6:49	...	7:03	7:08	7:16
7:25	7:29	7:34	...	7:43	7:48	7:55
8:05	8:09	8:14	...	8:23	8:28	8:36
...	9:10	9:15	...	9:24	9:29	9:37
...	...	...	...	...	...	...
...	...	...	...	...	...	...



Metro Route 25 provides daily roundtrip bus service between Downtown Portland, South Portland, and Scarborough, with bus stops located throughout the route, approximately every quarter mile.

SATURDAY SOUTHBOUND to SCARBOROUGH

Metro Pulse Elm Street (A)	VA Outpatient Clinic (B)	Cash Corner (C)	MaineHealth Campus Drive (D)	Rte One Gorham Rd (E)	The Downs Cross St (F)	Exit 42 Park+Ride (G)
6:00	6:08	6:15	...	6:25	6:32	6:38
6:45	6:53	7:00	...	7:10	7:17	7:23
7:30	7:38	7:45	...	7:55	8:02	8:08
8:15	8:23	8:30	...	8:40	8:47	8:53
9:00	9:08	9:15	...	9:25	9:32	9:38
9:45	9:53	10:00	...	10:10	10:17	10:23
10:30	10:38	10:45	...	10:55	11:02	11:08
11:15	11:23	11:30	...	11:40	11:47	11:53
12:00	12:08	12:15	...	12:25	12:32	12:38
12:45	12:53	1:00	...	1:10	1:17	1:23
1:30	1:38	1:45	...	1:55	2:02	2:08
2:15	2:23	2:30	...	2:40	2:47	2:53
3:00	3:08	3:15	...	3:25	3:32	3:38
3:45	3:53	4:00	...	4:10	4:17	4:23
4:30	4:38	4:45	...	4:55	5:02	5:08
5:15	5:23	5:30	...	5:40	5:47	5:53
6:00	6:08	6:15	...	6:25	6:32	6:38
6:45	6:53	7:00	...	7:10	7:17	7:23
7:30	7:38	7:45	...	7:55	8:02	8:08
8:15	8:23	8:30	...	8:40	8:47	8:53
9:00	9:08	9:15	...	9:25	9:32	9:38
9:45	9:53	10:00	...	10:10	10:17	10:23

SATURDAY NORTHBOUND to PORTLAND

Exit 42 Park+Ride (G)	The Downs Cross St (F)	Rte One Gorham Rd (E)	MaineHealth Campus Drive (D)	Cash Corner (C)	VA Outpatient Clinic (B)	Metro Pulse Elm Street (A)
6:00	6:06	6:12	...	6:22	6:28	6:39
6:45	6:51	6:57	...	7:07	7:13	7:24
7:30	7:36	7:42	...	7:52	7:58	8:09
8:15	8:21	8:27	...	8:37	8:43	8:54
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12:45	12:51	12:57	...	1:07	1:13	1:24
1:30	1:36	1:42	...	1:52	1:58	2:09
2:15	2:21	2:27	...	2:37	2:43	2:54
3:00	3:06	3:12	...	3:22	3:28	3:39
3:45	3:51	3:57	...	4:07	4:13	4:24
4:40	4:46	4:52	...	4:52	4:58	5:09
5:15	5:21	5:27	...	5:37	5:43	5:54
6:00	6:06	6:12	...	6:22	6:28	6:39
6:45	6:51	6:57	...	7:07	7:13	7:24
7:30	7:36	7:42	...	7:52	7:58	8:09
8:15	8:21	8:27	...	8:37	8:43	8:54
9:00	9:06	9:12	...	9:22	9:28	9:39
9:45	9:51	9:57	...	10:07	10:13	10:24
...	...	...	...	...	...	...

Transfer to other Metro routes to travel throughout the Greater Portland Region. Connect to the Portland Jetport, Amtrak Downeaster, Concord Coach, Casco Bay Ferry, or other regional bus services.

Plan your trip, find a bus stop, board the bus, pay your fare, and enjoy the ride. It's that easy.

More information:

How to ride: gpmetro.org/how-to-ride

Find bus stops, track your bus:

gpmetro.org/live

Plan your trip: google.com/maps

Three ways to pay your bus fare -

gpmetro.org/fares

See you at the bus stop.

