

SUNDAY SOUTHBOUND TO SCARBOROUGH

Metro Pulse Elm Street A	VA Outpatient Clinic B	Cash Corner C	MaineHealth Campus Drive D	Oak Hill E	The Downs F	Exit 42 Park+Ride G
8:15	8:23	8:30	...	8:40	8:47	8:53
9:00	9:08	9:15	...	9:25	9:32	9:38
9:45	9:53	10:00	...	10:10	10:17	10:23
10:30	10:38	10:45	...	10:55	11:02	11:08
11:15	11:23	11:30	...	11:40	11:47	11:53
12:00	12:08	12:15	...	12:25	12:32	12:38
12:45	12:53	1:00	...	1:10	1:17	1:23
1:30	1:38	1:45	...	1:55	2:02	2:08
2:15	2:23	2:30	...	2:40	2:47	2:53
3:00	3:08	3:15	...	3:25	3:32	3:38
3:45	3:53	4:00	...	4:10	4:17	4:23
4:30	4:38	4:45	...	4:55	5:02	5:08
5:15	5:23	5:30	...	5:40	5:47	5:53

SUNDAY NORTHBOUND TO PORTLAND

Exit 42 Park+Ride G	The Downs F	Oak Hill E	MaineHealth Campus Drive D	Cash Corner C	VA Outpatient Clinic B	Metro Pulse Elm Street A
8:30	8:36	8:42	...	8:52	8:58	9:09
9:00	9:06	9:12	...	9:22	9:28	9:39
9:45	9:51	9:57	...	10:07	10:13	10:24
10:30	10:36	10:42	...	10:52	10:58	11:09
11:15	11:21	11:27	...	11:37	11:43	11:54
12:00	12:06	12:12	...	12:22	12:28	12:39
12:45	12:51	12:57	...	1:07	1:13	1:24
1:30	1:36	1:42	...	1:52	1:58	2:09
2:15	2:21	2:27	...	2:37	2:43	2:54
3:00	3:06	3:12	...	3:22	3:28	3:39
3:45	3:51	3:57	...	4:07	4:13	4:24
4:30	4:36	4:42	...	4:52	4:58	5:09
5:15	5:21	5:27	...	5:37	5:43	5:54
6:00	6:06	6:12	...	6:22	6:28	6:39

PORTLAND - SOUTH PORTLAND - SCARBOROUGH

MAJOR STOPS

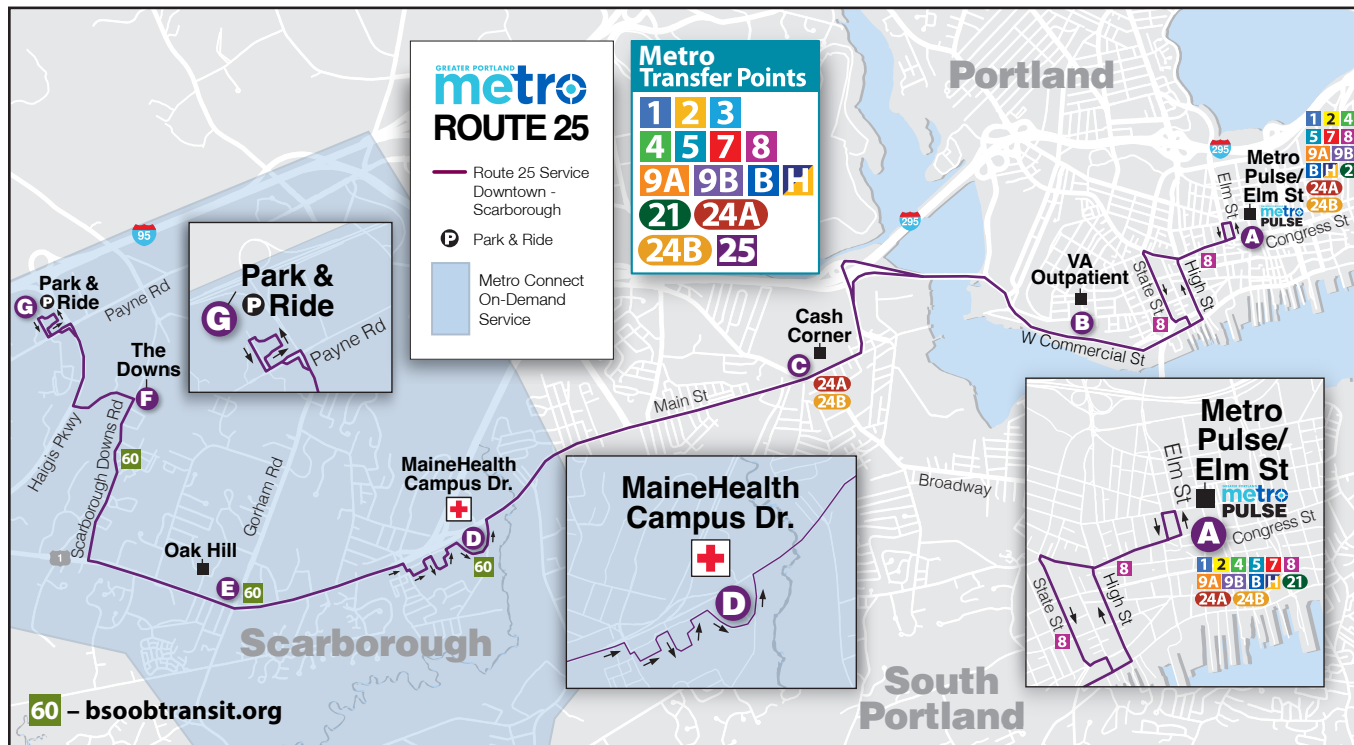
- A** METRO PULSE / ELM STREET
(Downtown Portland)
- B** VA Outpatient Clinic
- C** CASH CORNER
(Transfer to Rtes 24A and 24B)
- D** MaineHealth / Campus Drive
(Transfer to Rte 60)
- E** Oak Hill (Transfer to Rte 60)
- F** The Downs
- G** Exit 42 Park & Ride

New
Metro
Route
#25

In addition to taking Metro Route #25 to/from Scarborough, you can also use Metro Connect on-demand service to travel throughout most of Scarborough. It's easy to use and costs the same as a trip on any of Metro's local routes.

metro CONNECT
GREATER PORTLAND ON-DEMAND TRANSIT

To get started, download the Metro Connect Greater Portland mobile app and plan your trip. No smartphone? No problem. Call 207-774-0351 or visit gpmetro.org/connect to schedule your ride. More info at gpmetro.org/connect



Fare Information (effective August 1, 2026)
\$2.25 fare / \$1.10 reduced fare for eligible passengers.

3 WAYS TO PAY

Dirigo
umo

TAP & RIDE

Cash

Find more info at gpmetro.org/fares

GREATER PORTLAND
metro
207.774.0351 gpmetro.org

MONDAY THROUGH FRIDAY SOUTHBOUND TO SCARBOROUGH

Metro Pulse Elm Street A	VA Outpatient Clinic B	Cash Corner C	MaineHealth Campus Drive D	Oak Hill E	The Downs F	Exit 42 Park+Ride G
6:00	6:08	6:15	6:23	6:28	6:35	6:39
6:45	6:53	7:00	7:08	7:13	7:20	7:24
7:30	7:38	7:45	...	7:57	8:04	8:08
8:15	8:23	8:30	8:38	8:43	8:50	8:54
9:00	9:08	9:15	9:23	9:28	9:35	9:39
9:45	9:53	10:00	10:08	10:13	10:20	10:24
10:30	10:38	10:45	10:53	10:58	11:05	11:09
11:15	11:23	11:30	11:38	11:43	11:50	11:54
12:00	12:08	12:15	12:23	12:28	12:35	12:39
12:45	12:53	1:00	1:08	1:13	1:20	1:24
1:30	1:38	1:45	1:53	1:58	2:05	2:09
2:15	2:23	2:30	2:38	2:43	2:50	2:54
3:00	3:08	3:15	3:23	3:28	3:35	3:39
3:45	3:53	4:00	4:08	4:13	4:20	4:24
4:30	4:38	4:45	...	4:55	5:02	5:06
5:15	5:23	5:30	5:38	5:43	5:50	5:54
5:55	6:03	6:10	...	6:20	6:27	6:31
6:40	6:48	6:55	...	7:05	7:12	7:16
7:25	7:33	7:40	...	7:49	7:56	8:00
8:40	8:45	8:51	...	9:00	9:07	...
9:40	9:45	9:51	...	10:00	10:07	10:11
10:40	10:48	10:55	...	11:09	11:16	11:20

MONDAY THROUGH FRIDAY NORTHBOUND TO PORTLAND

Exit 42 Park+Ride G	The Downs F	Oak Hill E	MaineHealth Campus Drive D	Cash Corner C	VA Outpatient Clinic B	Metro Pulse Elm Street A
6:00	6:04	6:09	6:15	6:24	6:29	6:32
6:45	6:49	6:54	7:00	7:04	7:09	7:17
7:30	7:34	7:39	...	7:51	7:56	8:04
8:14	8:18	8:23	8:29	8:38	8:43	8:51
9:00	9:04	9:09	9:15	9:24	9:29	9:37
9:45	9:49	9:54	10:00	10:09	10:14	10:22
10:30	10:34	10:39	10:45	10:54	10:59	11:07
11:15	11:19	11:24	11:30	11:39	11:44	11:52
12:00	12:04	12:09	12:15	12:24	12:29	12:37
12:45	12:49	12:54	1:00	1:09	1:14	1:22
1:30	1:34	1:39	1:45	1:53	1:58	2:06
2:15	2:19	2:24	...	2:38	2:43	2:51
3:00	3:04	3:09	3:15	3:24	3:29	3:37
3:45	3:49	3:54	4:00	4:09	4:14	4:22
4:30	4:34	4:39	4:45	4:54	4:59	5:07
5:15	5:19	5:24	5:30	5:39	5:44	5:52
6:00	6:04	6:09	...	6:23	6:28	6:36
6:40	6:44	6:49	...	7:03	7:08	7:16
7:25	7:29	7:34	...	7:43	7:48	7:55
8:05	8:09	8:14	...	8:23	8:28	8:36
...	9:10	9:15	...	9:24	9:29	9:37
...	...	...	...	...	...	...
...	...	...	...	...	...	...



Metro Route 25 provides daily roundtrip bus service between Downtown Portland, South Portland, and Scarborough, with bus stops located throughout the route, approximately every quarter mile.

Transfer to other Metro routes to travel throughout the Greater Portland Region. Connect to the Portland Jetport, Amtrak Downeaster, Concord Coach, Casco Bay Ferry, or other regional bus services.

Plan your trip, find a bus stop, board the bus, pay your fare, and enjoy the ride. It's that easy.

More information:

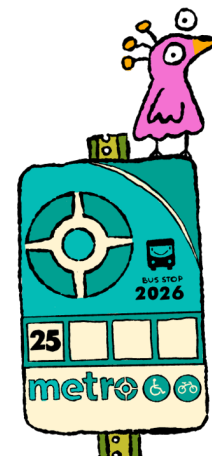
How to ride: gpmetro.org/how-to-ride

Find bus stops, track your bus:
gpmetro.org/live

Plan your trip: google.com/maps 

Three ways to pay your bus fare -
gpmetro.org/fares

See you at the bus stop.



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11:15	11:23	11:30	...	11:40	11:47	11:53
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12:45	12:53	1:00	...	1:10	1:17	1:23
1:30	1:38	1:45	...	1:55	2:02	2:08
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3:45	3:53	4:00	...	4:10	4:17	4:23
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9:45	9:51	9:57	...	10:07	10:13	10:24
...	...	...	...	...	...	...